

Blessing, from Anam Cara by John O'Donohue

May the light of your soul guide you.

May the light of your soul bless the work

You do with the secret love and warmth of your heart.

May you see in what you do the beauty of your own soul.

*May the sacredness of your work bring healing, light and
renewal to those*

*Who work with you and to those who see and receive your
work.*

May your work never weary you.

*May it release within you wellsprings of refreshment,
inspiration and excitement.*

May you be present in what you do.

May you never become lost in the bland absences.

May the day never burden you.

*May dawn find you awake and alert, approaching your
new day with dreams,*

Possibilities and promises.

May evening find you gracious and fulfilled.

May you go into the night blessed, sheltered and protected.

May your soul calm, console and renew you.